

Freestyle DAILY

NCL

NORWEGIAN CRUISE LINE
FREESTYLE CRUISING

7-Day Alaska Cruise
Friday, June 10th, 2005
At Sea



8:00AM-8:00PM MANDARA'S ROMAN SPA IS OPEN
Special Offer Seduction of the Senses - Dry skin body exfoliation, moisturizing milk & nourishing oil rub, followed by neck/back & shoulder massage and a refreshing facial, all for only \$89. Mandara Spa, Deck 12, Fwd

9:00AM-CLOSE MAHARAJAH'S CASINO IS OPEN
The BIG day is here in our Victory at Sea Slot Tournament and the Waves of Cash Blackjack Tournament. Someone will WIN the \$500 cash prize in our finals today and it could be you! Last chance to hit the jackpot! Make it big on the Cash Connection Fleetwide Progressive. Over \$94,500 waiting to be won! The Casino will close at approximately 10:00pm due to our arrival in Washington State Waters. We ask guests to please cash in all of their remaining chips, tokens and tickets as soon as possible to avoid any inconvenience. Maharajah's Casino, Deck 7, Fwd

10:30AM-11:00AM IMPORTANT DEBARKATION TALK
Join your Cruise Director Mike Witte for an important talk regarding Debarkation in Seattle, Washington. Important information will be covered such as: Duty Allowances, Documentation Inspection and the Debarkation Procedures. **AT LEAST ONE GUEST PER STATEROOM SHOULD ATTEND.** Moulin Rouge, Decks 7 & 8, Aft

11:15AM (CARD SALES) FREE CRUISE GIVEAWAY BINGO
Bring all your raffle tickets! This is your last chance to get in on the draw! One lucky winner is walking away with a "7-Day Caribbean Cruise for Two" - Guaranteed! Must be present to win! Galaxy of the Stars, Deck 12, Fwd

2:30PM-3:30PM NCL'S SIGNATURE CHOCOHOLIC BUFFET
Chocolate covered...EVERYTHING! Witness this magnificent culinary display as our Master Chefs present you with a mouthwatering feast for the eyes and the palate. Wow! **Doors open for Picture Taking - 1:30pm-2:15pm, from Deck 7, Aft.** Moulin Rouge, Deck 8, Aft

4:00PM FINAL ART AUCTION/BLOWOUT SALE PRICING
Meet "The Art Guy" for a fun & informative Fine Art Auction. Original works by Miro, Erte, Tarkay including Sculptures, Sports & Animation. All at 40% to 80% OFF land gallery prices! Complimentary champagne & a fine art raffle valued at \$2,000. Worldwide shipping, Free Framing - Tax & Duty Free! Fine Art Gallery, Deck 7A, Fwd

4:30PM (CARD SALES) FINAL JACKPOT BINGO
Today is your final chance to get in on the big game. At this session of bingo the payouts will be very high and all the money must go! **At least \$1,000 going out on game four alone!** Bring your vouchers and receive \$5 off your purchase of Power Bingo. Galaxy of the Stars, Deck 12, Fwd

5:15PM (One Show Only) "STAR SEEKER" TALENT SHOW
Sure to be one of the highlights of the Cruise! Come & cheer for your fellow guests as they perform for you on the big stage and for a chance to become a Cruise Ship Entertainer. Tonight's winner has the chance to win a FREE cruise with NCL. Moulin Rouge, Decks 7 & 8, Aft

7:00PM & 9:00PM FAREWELL SHOWTIME
Norwegian Cruise Line is proud to welcome back on the Main Stage the Wild & Crazy Comedy of Adam Ace! Also, our singing sensation Jane L Powel is back with a brand new Show. Flash photography, audio/video recording are prohibited. We respectfully request that guests do not reserve seats. Hosted by your Cruise Director Mike! **Please remain in the theater after the show for a Farewell performance featuring the Staff and Crew of the M/V Norwegian Spirit.** Moulin Rouge, Decks 7 & 8, Aft

8:45PM STAND - UP COMEDY WITH DAVE HEENAN
Norwegian Cruise Line proudly presents with a brand new show the Stand - Up Comedy of Dave Heenan, live from New York City. Audio/video recording and seat reserving are prohibited. Galaxy of the Stars, Deck 12, Forward

Sunrise 5:27am Sunset 9:17pm
Weather Forecast: Light Rain
(As Per Yahoo Weather)



High 60F-16C Low 47F-8C
Suggested Attire: Resort Casual

LET US HEAR FROM YOU!

The NCL Guest Comment Card is an important tool for improving the cruise experience for you, our Guests. These cards are carefully read not only on board the ship, but also by the head office in Miami. What you write really does make a difference! Comments about specific crew members adding to the enjoyment of your cruise are most helpful, & improve morale. Here are a few reminders to help you with completion of your comment cards:

- Dining Experience:
 - Alternative Restaurants (Le Bistro, Shogun, Maxim's & La Trattoria)
 - Windows/Garden Room
 - Waiter, Bar Staff & Service
- Onboard Programs & Entertainment:
 - Cruise Director and Staff
 - Onboard Activities
 - Broadway Production Shows
 - Musicians and Bands
 - Variety/Cabaret Acts
 - Youth & Teen Programs
- Shipboard Services:
 - Pursers & Reception Desk
 - Casino Staff & Games
 - Gift Shop Staff & Service
 - Beauty Salon & Staff
 - Shore Ex Staff & Tour Content
- Housekeeping Department

If you enjoyed any Activity or Service this cruise, please mark **EXCELLENT**. We want you to know we did our best to give you an excellent vacation. You may wish to skip scoring amenities you may not have utilized.

On behalf of the Captain, Staff & Crew, thank you for your valued input! We look forward to serving you again. Thank you for choosing Norwegian Cruise Line & the Norwegian Spirit!





All Alcoholic Beverages will be re-issued on the last morning of the cruise from 7:00am - 9:00am in the Brig Room, Deck 8, Fwd, Stbd Side.

MORNING ACTIVITIES

Continuous-Close 24 Hours		MAHARAJAH'S SLOTS ARE OPEN LAST DAY INTERNET ACCESS Last chance to purchase discounted time plans before 10:00pm tonight. Time package plans are good until you disembark the ship. Check and confirm your travel arrangements for any last minute changes. Internet Café closes tonight at 10:00pm for all guests who have not purchased a time plan.	Maharajah's Casino, Deck 7, Fwd Internet Café, Deck 12, Fwd
24 Hours		The Navigational Bridge Window is open for viewing	Galaxy of the Stars, Deck 12, Fwd
7:30am-7:45am		Freestyle Power Walk with your Fitness Instructor	Grand Centrum, Deck 7, Mid, Portside
8:00am-8:45am		HATHA YOGA with your Fitness Instructor (Sign Up Fee \$10)	Moulin Rouge, Deck 7, Aft
8:00am-5:00pm		SPECIALTY RESTAURANT RESERVATIONS For reservations please dial #7555, #7556, #7557 or visit our Reservations Desk. A Fee of \$5.00 per person will be charged for reservations cancelled after 5:00pm in the Specialty Restaurants.	Grand Centrum, Deck 7, Midship
8:00am-8:00pm		MANDARA'S ROMAN SPA & SALON ARE OPEN Special Offer: Seduction of the Senses - only \$89.	Deck 12, Fwd
8:45am-9:30am		Core Conditioning Pilates with your Fitness Instructor (Sign up Fee \$10)	Moulin Rouge, Deck 7, Aft
9:00am		Interdenominational Service with Pastor Bryon Jacobs	Picture House, Deck 8, Fwd
9:00am-11:00am		"SPIN TO WIN" FREE PULL SLOT MACHINE	Maharajah's Casino, Deck 7, Fwd
9:00am-Noon		FUTURE CRUISE BOOKINGS See David to book your next cruise right here onboard. Great prices, great itineraries, onboard credit & 100% money back cancellation policy. Don't miss this exclusive opportunity!	Port & Cruise Office, Deck 8, Fwd
9:00am-Noon		FIRST WAVE - Bloody Mary's & Screwdrivers served in a 14 oz mug for only \$4.50	All Open Bars
9:00am-10:00pm		MAHARAJAH'S CASINO TABLES ARE OPEN The Casino will close at approximately 10:00pm due to our arrival in Washington State Waters.	Maharajah's Casino, Deck 7, Fwd
9:00am-11:00pm		PORTS O' CALL TAX & DUTY FREE STORE Last chance to purchase Spirit Merchandise; all the promotions are back for your shopping pleasure!	Grand Centrum, Deck 8, Mid
9:00am-11:00pm		COLOMBIAN EMERALDS IS OPEN BLOW OUT SALE - Anything that you missed! Fantastic deals starting from as little as \$25.00!	Grand Centrum, Deck 8, Mid
9:00am-11:00pm		PHOTO GALLERY IS OPEN Leather Folios are only \$10.00 when you purchase any 8x10 portrait. Norwegian Spirit photo included!	Deck 8, Fwd
9:45am-10:30am		Shuffleboard Tournament & Social with your Cruise Director's Staff	Promenade, Deck 7, Stbd
10:00am-Noon		SHORE EXCURSION DESK IS OPEN	Deck 8, Fwd
10:30am-11:00am		IMPORTANT DEBARKATION TALK	Moulin Rouge, Decks 7 & 8, Aft
11:15am (Card Sales)		FREE CRUISE GIVEAWAY BINGO Bring all your raffle tickets! One lucky winner is walking away with a "7-Day Caribbean Cruise for Two" - Guaranteed! Must be present to win!	Galaxy of the Stars, Deck 12, Fwd
11:30am-Noon		DETOX FOR WEIGHT LOSS Seminar with your Fitness Instructor	Celebrity Disco, Deck 13, Fwd


AFTERNOON ACTIVITIES

Noon-2:00pm		SPIRIT STREET SALE	Grand Centrum, Deck 7, Mid
1:00pm-1:30pm		Military Social - with your fellow Guests & Cruise Director's Staff	Celebrity Disco, Deck 13, Fwd
1:00pm-1:45pm		Table Tennis Tournament & Social with your Cruise Staff	Table Tennis Tables, Deck 11, Aft
1:00pm-1:45pm		DESTINATION SEMINAR with Dudd Dempsey Today's Topic: "Economic Demands on the Land"!	Picture House, Deck 8, Fwd
1:30pm		EARLY REGISTRATION FOR CASINO TOURNAMENTS	Maharajah's Casino, Deck 7, Fwd
1:30pm-2:15pm		CHOCOHOLIC BUFFET - Open for Picture Taking!	Moulin Rouge, Deck 7, Aft
2:00pm-2:30pm		BACK BY POPULAR DEMAND Try our all in one make up for your lips, eyes and face. Free make up application for all who attend.	Mandara Spa, Deck 12, Fwd
2:00pm-2:30pm		Spanish Language Lesson #3 - with your Hostess Leticia	Celebrity Disco, Deck 13, Fwd
2:00pm-2:45pm		Basketball Free Throw Contest with your Cruise Director's Staff	Basketball Court, deck 13, Aft
2:00pm-2:45pm		COMPUTER WORKSHOPS SEMINAR with Martin Wiederkehr Today's Topic: "Using E-Bay: How to buy & Sell on E-Bay"!	Picture House, Deck 8, Fwd
2:00pm-3:30pm		VICTORY AT SEA SLOT TOURNAMENT Finals - 3:30pm	Maharajah's Casino, Deck 7, Fwd
2:00pm-4:00pm		Informal Bridge Play with your fellow guests	Card Room, Deck 12, Fwd
2:00pm-7:00pm		FUTURE CRUISE BOOKINGS See David to book your next cruise right here onboard. Great prices, great itineraries, onboard credit & 100% money back cancellation policy. Don't miss this exclusive opportunity!	Port & Cruise Office, Deck 8, Fwd
2:30pm-3:15pm		Learn the Art of Towel Folding with your Room Stewards	Galaxy of the Stars, Deck 12, Fwd

2:30pm-3:30pm	CHOCOHOLIC BUFFET - NCL's Signature Chocolate Buffet!	Moulin Rouge, Deck 8, Aft
3:00pm-3:30pm	SECRETS TO A FLAT STOMACH with your Fitness Instructor	Picture House, Deck 8, Fwd
3:00pm-3:45pm	Craft Corner "Beaded Geckos" with your Cruise Director's Staff	Celebrity Disco, Deck 13, Fwd
4:00pm	FINAL ART AUCTION (Preview 3:30pm)	Fine Art Gallery, Deck 7A, Fwd
4:00pm-5:30pm	WAVES OF CASH BLACKJACK TOURNAMENT (Finals at approx 5:30pm)	Maharajah's Casino, Deck 7, Fwd
4:00pm-6:00pm	SHORE EXCURSION DESK IS OPEN	Deck 8, Fwd
4:30pm (Card Sales)	 FINAL JACKPOT BINGO At this session of bingo the payouts will be very high and all the money must go! At least \$1,000 going out on game four alone! Bring your vouchers and receive \$5 off your purchase of Power Bingo.	Galaxy of the Stars, Deck 12, Fwd
5:00pm-5:30pm	 FINAL Sports Afloat T-shirt Redemption (Bring 10 credits)	Universal Gym, Deck 12, Fwd
5:00pm-6:00pm	Friends of Bill W. Meeting	(Hallway next to Picture House) Board Room, Deck 8, Fwd
5:00pm-10:00pm	PROFESSIONAL PORTRAITS (No purchase obligation)	Grand Centrum, Deck 7, Mid
5:00pm-8:00pm	ALL FLAVORED MARTINIS served in 10 oz glass for only \$6.50	All Open Bars
5:15pm-6:00pm	WEDDING VOW RENEWALS - with Pastor Byron Jacobs	Picture House, Deck 8, Fwd
5:15pm-6:00pm One Show Only	 "STAR SEEKER" TALENT SHOW Sure to be one of the highlights of the Cruise! Music provided by Norwegian Spirit Showband.	Moulin Rouge, Decks 7 & 8, Aft
5:30pm-6:00pm	SPECIALTY RESTAURANT EARLY BIRD OFFER Take advantage of our 2 for 1 Special on the Cover Charge only (not including A La Carte Priced Items) in Le Bistro, Shogun & Maxim's Restaurants.	Le Bistro, Shogun & Maxim's Restaurants
5:45pm-6:45pm	 PAMPER HOUR (Sign Up Fee \$10) One hour of pure pampering, all who attend will receive a free makeover.	Mandara Spa, Deck 12, Fwd

EVENING ACTIVITIES

MUSICAL ENTERTAINMENT

Bart Delaney followed by Love Brothers & Lira 6:30pm-8:15pm (Bart) 8:30pm-9:15pm & 9:30pm-Close (Love Brothers & Lira)	Favorite Standards	Champagne Charlie's, Deck 8, Mid
The Spirit Showband followed by Harmony & Rhythm 6:45pm-7:30pm (The Spirit Showband), 7:45pm-8:30pm, 9:30pm-10:15pm & 10:30pm-Midnight (Harmony & Rhythm)	Great Tunes for Dancing	Galaxy of the Stars, Deck 12, Fwd
Steve Maue 8:00pm-Close (Steve Maue)	 Cocktails and Atmosphere	Henry's Pub, Deck 7, Fwd
DJ Matt Midnight-Close	Great Dance Music *Guests must be 18 years of age or older to be in Celebrity's Disco after 11:00pm	Celebrity Disco, Deck 13, Fwd

ENTERTAINMENT

6:00pm-9:00pm	CASINO SERVICES DESK - Points Redemption See your Executive Casino Hosts Shannon & Rohani for any inquiries.	Maharajah's Casino, Deck 7, Fwd
6:15pm-6:45pm	PUB TRIVIA MADNESS - with your Cruise Director's Staff	Henry's Pub, Deck 7, Fwd
6:15pm-7:00pm	SABBATH EVE SERVICE - with your fellow guests	Picture House, Deck 8, Fwd
6:30pm-7:00pm & 8:30pm-9:00pm	KRACK ITS ARE AVAILABLE You could win a Cruise for Two or \$1,000 Instantly!	Moulin Rouge, Deck 7, Aft
7:00pm & 9:00pm	 FAREWELL SHOWTIME Norwegian Cruise Line is proud to welcome back on the Main Stage the Wild & Crazy Comedy of Adam Ace! Also, our singing sensation Jane L Powel is back with a brand new Show. Flash photography, audio/video recording are prohibited. Please remain in the theater after the show for a Farewell performance featuring the Staff and Crew of the M/V Norwegian Spirit.	Moulin Rouge, Decks 7 & 8, Aft
7:30pm & 10:00pm	 AT THE MOVIES "Fat Albert" Starring: Bill Cosby (1 Hour & 34 Minutes)	Picture House, Deck 8, Fwd
8:00pm-9:00pm	TEEN KARAOKE (13-17 YRS OLD) with DJ Matt	Celebrity Disco, Deck 13, Fwd
8:45pm One Show Only	 STAND - UP COMEDY WITH DAVE HEENAN Norwegian Cruise Line is proud to present with a brand new show the Stand - Up Comedy of Dave Heenan, live from New York City. Audio/video recording and seat reserving are prohibited.	Galaxy of the Stars, Deck 12, Fwd
9:00pm-11:00pm	TEEN DISCO (13-17 YRS OLD) with DJ Matt	Celebrity Disco, Deck 13, Fwd
10:30pm	 FAREWELL PARTY This is our last major blowout! Join the Harmony & Rhythm Band to dance the night away.	Galaxy of the Stars, Deck 12, Fwd
11:00pm-Midnight	KARAOKE - Drink, Sing and Be Merry! Probably in that order!	Celebrity Disco, Deck 13, Fwd

FREESTYLE SUGGESTED WINES & BEVERAGE PROMOTIONS

White: Rosemount, Chardonnay, Hunter Valley, Australia
Fetzer "Echo Ridge", Sauvignon Blanc, California

Bottle - \$25.00 Glass - \$5.50
Bottle - \$22.00 Glass - \$4.95

Drink of the Day: "Caribbean Freeze"

\$5.95 served in a Souvenir Glass for you to keep

Red: Syrah, Valley of the Moon, Sonoma County, California
Marqués de Cáceres, Rioja, Spain

Bottle - \$29.00 Glass - \$6.25
Bottle - \$26.00 Glass - \$5.75

Fruit Smoothie: "Pineapple"

With Alcohol only \$6.95 Non-Alcoholic only \$5.50

Coffee of the Day: "Bahamian Coffee" For Only \$4.50

Latitudes Members! Enjoy a 20% discount on selected drinks (5:00pm-11:00pm) - Galaxy of the Stars, Deck 12, Fwd

As per NCL policy, all Alcoholic Beverages purchased ashore will be secured on-board and will be re-issued on the last morning of the cruise from 7:00am through 9:00am in the Brig Room, Deck 8, Forward, Starboard Side.

FREESTYLE DINING

24-Hour Service Blue Lagoon Room Service Deck 7, Mid Dial 7333

Early Riser & Freestyle Breakfast:

6:00am-7:00am Early Risers Blue Lagoon, Deck 7, Fwd
7:00am-11:30am Breakfast Buffet Raffles Café, Deck 12, Mid
7:30am-9:30am Continuous Breakfast Windows Restaurant, Deck 6, Aft
7:00am-11:00am Morning Coffee & Danish Maharajah's Casino, Deck 7, Fwd

Freestyle Lunch & Afternoon Snacks:

11:30am-3:00pm Lunch Buffet Raffles Café, Deck 12, Mid
11:30am-1:30pm Luncheon Windows Restaurant, Deck 6, Aft
Noon-2:00pm Henry's Pub Lunch (Fish & Chips) Henry's Pub, Deck 7, Mid
Noon-2:00pm Lunch BBQ (Weather Permitting) Raffles Terrace, Deck 12, Aft
Noon-3:00pm Bavarian Snacks Bier Garten, Deck 13, Fwd
2:30pm-3:30pm Chocoholic Buffet Moulin Rouge, Deck 8, Aft
2:30pm-3:30pm Mini Chocoholic Buffet Maharajah's Casino, Deck 7, Fwd
3:00pm-5:00pm Afternoon Snacks Raffles Café, Deck 12, Mid

Freestyle Dinner, Evening & Late Night Snacks:

5:30pm-9:30pm Italian Buffet Raffles Café, Deck 12, Mid
5:30pm-Midnight* Chef's Dinner Garden Room, Deck 6, Mid
*(Last orders by 10:00pm)
5:30pm-Midnight* Chef's Dinner Windows Restaurant, Deck 6, Aft
*(Last orders by 10:00pm)
10:30pm-11:30pm Late Night Snacks Raffles Café, Deck 12, Mid

SPECIALTY RESTAURANTS

Enjoy an intimate Dining Experience in one of our Main or Specialty Restaurants. For reservations please Dial #7555, #7556, #7557 or visit our Reservations Desk in the Grand Centrum, Deck 7, Midship between 8:00am-5:00pm.

5:30pm-Midnight*	Shogun	Sushi, Teppanyaki & Asian Cuisine	#7896	Deck 8, Mid
5:30pm-Midnight*	Taipan Bistro	French Mediterranean	#7894	Deck 7, Mid
5:30pm-Midnight*	Maxim's	Steak House	#7761	Deck 7, Fwd
5:30pm-Midnight*	La Trattoria	Italian Cuisine	#7844	Deck 12, Aft, Port

A Cover Charge of \$12.50 per person applies in Shogun.
A Cover Charge of \$15.00 per person applies in Taipan Bistro.
A Cover Charge of \$20.00 per person applies in Maxim's.

A Fee of \$5.00 per person will be charged for reservations cancelled after 5:00pm in the Specialty Restaurants on the day of the reservation

Note: There is a risk associated with consuming raw oysters or animal proteins especially if you have a chronic illness or immune disorder. If unsure of a risk, consult a physician.

GUEST SERVICES

8:00am-8:00pm	Buccaneer's Wet & Wild (Parental Supervision Only)	Deck 10, Aft
24 Hour Service	Internet Café	Deck 12, Fwd
9:00am-11:00am	Internet Manager Is Available Dial 7821	Deck 12, Fwd
2:00pm-5:00pm	Internet Manager Is Available Dial 7821	Deck 12, Fwd
8:30pm-10:00pm	Internet Manager Is Available Dial 7821	Deck 12, Fwd
9:00am-11:00am	Library	Deck 12, Fwd
4:00pm-6:00pm	Library	Deck 12, Fwd
9:00am-10:00pm	Maharajah's Casino is Open	Deck 7, Fwd
8:00am-8:00pm	Mandara Roman Spa & Beauty Salon Dial 7840	Deck 12, Fwd
8:30am-10:00am	Medical Center	Deck 4, Fwd
4:00pm-5:00pm	Medical Center	Deck 4, Fwd
9:00am-Noon	Onboard Credit Desk Dial 7043	Grand Centrum, Deck 7, Mid
4:00pm-8:00pm	Onboard Credit Desk Dial 7043	Grand Centrum, Deck 7, Mid
9:00am-11:00pm	Photo Gallery	Deck 8, Fwd
Open 24 hours	Reception Desk Dial 00	Deck 7, Mid
24 Hours	Shorex Automated Machines	Grand Centrum, Deck 7, Mid
10:00am-Noon	Shore Excursion Desk	Deck 8, Fwd
4:00pm-6:00pm	Shore Excursion Desk	Deck 8, Fwd
Open 24 hours	Starlight Video Arcade	Deck 10, Aft
9:00am-11:00pm	Tax & Duty Free Shops	Deck 8, Mid
8:00am-10:00pm	Tivoli Pool	Deck 12, Mid
8:00am-11:00pm	Hot Tubs	Deck 10, Aft & Deck 12, Fwd
Open 24 hours	Universal Gym	Deck 12, Fwd

BAR OPENING HOURS

7:00am-Close	Raffles Terrace	Deck 12, Mid
7:00am-Close	The Café	Deck 7, Mid
9:00am-Close	Bier Garten	Deck 13, Fwd
10:00am-Close	The Bund	Deck 7, Fwd
9:00am-Close	Galaxy of the Stars	Deck 12, Fwd
9:00am-Close	Cigar Bar	Deck 12, Fwd
9:00am-Close	Casino	Deck 7, Fwd
11:00am-Close	Champagne Charlie's	Deck 8, Mid
11:00am-Close	Henry's Pub	Deck 7, Mid
9:00pm-Close	Celebrity Disco	Deck 13, Fwd

Krack-its are available in all open Bars

Emergencies: Dial 911

Advisory: Service and consumption of Alcoholic Beverages requires the minimum age of 21.

Poolside Service: Services and events are weather permitting.

Diapers: are not permitted in any of the pools or hot tubs.

Evening Attire: Resort Casual

No Torn Jeans, Shorts, T-Shirts, Singlets or Athletic Wear is permitted in the Main and Specialty Restaurants after 5:30pm.

Jacuzzis & Pools: Glasses & bottles are not permitted inside Reception Desk: Motion Sickness, Tablets, Faxes & Band-Aids are available.

Safety: The use of open flame items or any type of heating elements such as: Candles, Incense & Irons are strictly prohibited.

Walking & Jogging: Deck 13 is a walking/jogging track open 24 hours. Deck 7 is a walking track only & jogging is at your own risk. Decks are slippery when wet. Around Deck 13, 5 1/2 laps = 1 Mile. Around Deck 7, 3 laps = 1 Mile. All Sports Play is done at your own risk.

Sharps Containers: If you need to dispose of any kind of needles, please pick up a sharps container at the Reception Desk, Deck 7, Mid or the Medical Center, Deck 4, Fwd.

Smoking Policy: Please do not walk through the ship with lit Cigarettes. Smoking is only permitted in the designated smoking areas and Portside of the ship on open decks. All Restaurants and the Moulin Rouge are non-smoking venues. Pipe & Cigar Smoking is not permitted indoors except in the Cigar Room, Deck 12, Forward.

Tobacco: You must be 18 years or older to purchase Cigarettes and other Tobacco products.

Corkage: A \$15.00 corkage fee per liter applies to all wines not purchased from NCL.

Casino: Guests must be 18 years or older to gamble or remain in the Casino. No winnings or payment due will be honored for any person or bet in violation of this rule. All guest credit transaction at the cashier window must be accompanied by a minimum of one valid picture I.D.

ATM, Quick Cash, Onboard Credit facility available in the Casino.

Wake Up Calls: Phone *70. There isn't a voice prompt, just a dial tone. Dial the time you wish to be called by using a 24 hr clock. Hang up. Dial #70 to cancel.

Telephone Voice Mail: Dial *77; follow the prompt for the stateroom number, then leave your voicemail message. When finished press 3 to save. Dial *75 to retrieve messages when the message light is flashing.

Vacuum Toilets: Our system is designed for water conservation and protection of the environment. Do not flush fabrics, metallic items, sanitary napkins or plastic, as this will cause blockage with direct results to your toilet and up to 50 other toilets on the same vacuum line!

Dumping Policy: NCL is committed to operate in an environmentally friendly manner. Please use trash receptacles and never throw anything overboard.

Environmental Hotline: To report incidents or environmental problems, contact the Reception Desk by dialing 00 or phone our hotline at 1-877-501-5976 or email semshotline@ncl.com



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