Freestyle DAILY

NORWEGIAN CRUISE LINE

7-Day Alaska Cruise
Thursday, June 9th, 2005
Prince Rupert, British Columbia, Canada

DID YOU REMEMBER TO TURN YOUR CLOCKS FORWARD ONE (1) HOUR BEFORE RETIRING LAST NIGHT?

8:00AM-11:00PM MANDARA'S ROMAN SPA IS OPEN
Teeth Whitening: Experience a brighter, whiter smile. Book your appointment today and you will receive one of these 25 minutes treatments for Free: Hand/Arm Massage, Foot/Ankle Massage, Frangipani Scalp & Neck/Shoulder Massage.

Mandara Spa, Deck 12, Forward

9:00AM-ARRIVAL MAHARAJAH'S CASINO OPENS 9:30PM APPROX. MAHARAJAH'S CASINO RE-OPENS

Looking to keep the fun going? Come on in to Maharajah's Casino where our friendly International Table Staff are ready to play & our huge varieties of slot machines are ready to pay. Maharajah's Casino offers Let it Ride, Three Card Poker, Caribbean Stud Poker and the thrilling game of Texas Hold'Em. Join us for another session of "Spin to Win" from 9:30pm-10:30pm for a chance to win a Free 7-Day cruise for two!

Maharajah's Casino, Deck 7, Forward

10:30AM "PASSION OF THE MASTERS" ART TALK Enjoy Free Mimosas, "Meet the Masters" & "The Art Guy" for a casual and informative discussion of the Passion behind the Genius. Why The Mona Lisa is so famous, important movements in the Art World & view Rare Original's by Rembrandt, Renoir, Picasso, Miro & Dali just to name a few! A \$600.00 Framed work of Art (Chagall) will be raffled off today! Fine Art Gallery, Deck 7A, Fwd

11:15AM (Card Sales) PROGRESSIVE GIANT JACKPOT BINGO ONE GAME ONLY! Join the Cruise Director's Staff for the hottest fleet wide progressive Bingo at Sea. The jackpot has been growing & today you could be an instant cash winner of over \$10,000! Collect more raffle tickets for our "Free Caribbean Cruise for Two" draw. Galaxy of the Stars, Deck 12, Fwd

11:30AM-NOON

With new ships and new exciting itineraries, it's shaping up to be an exciting future for NCL. Join David your Port & Cruise Consultant as he takes you through our fleet, itineraries and explains the great benefits and discounts of booking your next cruise right here onboard!

Picture House, Deck 8, Fwd

2:00PM WELCOME TO PRINCE RUPERT, CANADA
The Norwegian Spirit docks in Prince Rupert, Canada. We must wait for clearance
from local officials before anyone is permitted ashore. Guests on a Shore
Excursion, please refer to your Tour Ticket for the meeting time and location.
All guests must carry their Spirit Guest Key Card & a Photo I.D. WE KINDLY
ASK ALL OF OUR GUESTS TO BE ONBOARD BEFORE 8:30PM, as the
Norwegian Spirit prepares to set sail for Seattle, Washington. No food is allowed off
the ship or brought back onboard.

9:30PM DAVE HEENAN & STANDING ROOM ONLY Norwegian Cruise Line proudly presents Dave Heenan on the Main Stage with a brand new Comedy Show. Also stick around for "Standing Room Only", starring the NCL Production Company for a tribute to the Great White Way featuring some of the most memorable show tunes from "42" St.", "Carousel", "West Side Story" and "A Chorus Line". Flash photography, audio/video recording are prohibited. We respectfully request that guests do not reserve seats. Hosted by your Cruise Director Mike!

Moulin Rouge, Decks 7 & 8, Aft

10:30PM-11:30PM
Groove to the rhythms of the Harmony & Rhythm Band; learn a few toe stepping, foot stomping line dances and party like you've never partied before. Your Cruise Director's Staff will show you what they've got and someone will earn the title "Klondike Slide Champion". It could be you! Galaxy of the Stars, Deck 12, Forward

Sunrise 5:19am Sunset 10:10pm Weather Forecast: Partly Cloudy (As per Yahoo Weather)

High 61F-16C Low 46F-7C Suggested Attire: Resort Casual

WELCOME TO PRINCE RUPERT

Imagine fresh air fills your lungs and sea spry salts your lips; wild eyes silently watch & the only sound is the dip of your paddle. This is the North Coast and these are a few of the experiences it has to offer. The north coast was one of the last parts of the New World to be explored by Europeans, it was only 160 years ago that fur traders took up residence in this area, soon followed by gold seekers traveling the Skeena River. Northwest Coast nations are best known for their monumental art and you will see numerous towering totems in Prince Rupert and throughout the region. Often, as impressive as the poles, is the commanding backdrop of their original locations. Prince Rupert is the center of some of the world's most remarkable Aboriginal cultures. The Tsimshian Nation is the indigenous First Nations in the Prince Rupert area - their traditional territory extending south to Kitasoo, north to the mouth of the Nass River and up the Skeena River just east of Terrace. Today, the communities of Metlakatla, Lax Kw'alaams (Port Simpson), Metlakatla Alaska, Gitkxaahla (Kitkatla), Gitga'ata (Hartley Bay), Kitasoo (Klemtu), Kitselas, and Kitsumkalum are still vital Tsimshian villages. Nearly half of Prince Rupert's population is descended from First Nations, and most are of Tsimshian, Nisga's or Haida heritage. On the North Coast as in Europe, geography separated people & a rich tapestry of distinct cultural groups emerged. More than a dozen First Nations communities are close & easy to reach from Prince Rupert. Within a three hour drive are eleven First Nations communities in Nisga's, Gitxsan Tsimshian, Wet'Suwet'en traditional territories. Many of the most famous Northwest coast artists live and work in Prince Rupert and you will find original sculpture, prints and jewelry throughout the region and possibly observe artists at work.

BECAUSE WE CARE, NCL URGES YOU TO SANITIZE YOUR HANDS WHEN RETURNING TO THE VESSEL.

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Continuous-Arrival	MAHARAJAH'S CASINO SLOTS ARE OPEN Maharajah's Casino, Deck 7, Fwd
24 Hours	The Navigational Bridge Window is open for viewing Calaxy of the Stars, Deck 12, Fwd
24 Hours	ONLINE TRAVEL CONFIRMATION Internet Café, Deck 12, Fwd
	Small Internet Time Plans for the remainder of the cruise: 15 minutes for \$8.25 or 30 minutes for
	\$12.00. Confirm your travel arrangements today! Many airlines have 24 hour online check-in and
	offer great online features. E-ticket holders can even print your boarding passes on select airlines.
7:30am-7:45am	Freestyle Power Walk with your Fitness Instructor Grand Centrum, Deck 7, Mid, Portside
8:00am-8:45am	Core Conditioning Pilates with your Fitness Instructor (Sign up Fee \$10) Moulin Rouge, Deck 7, Aft
8:00am-5:00pm	SPECIALTY RESTAURANT RESERVATIONS Grand Centrum, Deck 7, Midship
	For reservations please dial #7555, #7556, #7557 or visit our Reservations Desk. A Fee of \$5.00 per
	person will be charged for reservations cancelled after 5:00pm in the Specialty Restaurants.
8:00am-11:00pm	MANDARA'S ROMAN SPA & SALON ARE OPEN Spa, Deck 12, Fwd
	Teeth Whitening: Experience a brighter, whiter smile for only \$199. Book your appointment today.
9:00am-9:45am	HATHA YOGA - with your Fitness Instructor (Sign up Fee \$10) Moulin Rouge, Deck 7, Aft
9:00am-Arrival 9:30pm-11:00pm	PORTS O' CALL TAX & DUTY FREE STORE Grand Centrum, Deck 8, Mid
9:30pm-11:00pm	Tax & Duty Free Prices on Liquor & Cigarettes available for you! Also see our selection of bags.
9:00am-Arrival	COLOMBIAN EMERALDS IS OPEN Grand Centrum, Deck 8, Mid
9:30pm-11:00pm	.925 Sterling Silver with/without Gemstones; 50% OFF - Sterling Silver EXTRAVAGANZA!
	PHOTO GALLERY IS OPEN Deck 8, Fwd
9:00pm-11:00pm	Have your film or Digital Media printed & receive a second set of prints absolutely FREE!
9:00am-Arrival	MAHARAJAH'S CASINO TABLES ARE OPEN Maharajah's Casino, Deck 7, Fwd
9:00am-Noon	First Wave - Bloody Mary's and Screwdrivers for only \$4.50 served in a 14oz mug All Open Bars
10:00am-Noon	SHORE EXCURSION DESK IS OPEN Deck 8, Fwd
	Last call for Prince Rupert Tours - discover the beautiful Skeena River, or explore Ksee Yaen.
10:15am-10:45am	Spanish Language Lesson #2 - with your Hostess Leticia Galaxy of the Stars, Deck 12, Fwd
10:15am-11:00am	DESTINATION SEMINAR with Dudd Dempsey Picture House, Deck 8, Fwd
· · · · · · · · · · · · · · · · · · ·	Today's Topic: "Native Alaskans – Lifestyles & Customs."
10:15am-11:15am	FOOD & BEVERAGE HIGHLIGHTS Grand Centrum, Deck 7, Mid
	Join your Food & Beverage Team for an insight into the day to day running of this incredible operation.
10:30am	"PASSION OF THE MASTERS" ART TALK with "The Art Guy" Fine Art Gallery, Deck 7A, Fwd
10:30am-11:00am	BURN FAT FASTER SEMINAR with your Fitness Instructor Celebrity Disco, Deck 13, Fwd
11:00am-11:30am	EYES LIKE DIAMONDS SEMINAR with your Spa Experts Mandara Spa, Deck 12, Fwd
11:15am	PROGRESSIVE GIANT JACKPOT BINGO Galaxy of the Stars, Deck 12, Fwd
(Card Sales)	ONE GAME ONLY! Join the Cruise Director's Staff for the hottest fleet wide progressive Bingo at
	Sea. The jackpot has been growing and today you could be an instant cash winner of over \$10,000!
11:30am-Noon	FUTURE CRUISE PRESENTATION with David Picture House, Deck 8, Fwd
11:30am-12:15am	RHYTHM CLOCK PRESENTATION Champagne Charlie, Deck 8, Fwd
	The Magic Motion Clock comes alive; FREE shipping if you live in the USA!
11:30am-12:30pm	The Art of Reflexology Seminar (Sign up Fee \$49 per couple) Mandara Spa, Deck 13, Fwd
tit y	Reflexology can release the build up toxins. Free bottle of aromatherapy oil!
11:45am	STAR SEEKER SIGN-UP Moulin Rouge, Deck 7, Aft
	Have you ever dreamed about being a Cruise Ship Entertainer? Sign up for our Talent Search contest
	where you could win a Cruise for two and perform on an NCL Ship as a Guest Entertainer! (Limit of
	10 Acts only. Guests must be 18yrs or older to participate).
AFTERNOON A	CTIVITIES
12:30pm-1:15pm	DIGITAL PHOTOGRAPHY SEMINAR with Martin Wiederkehr Picture House, Deck 8, Fwd
	Today's Topic: "Photography Techniques: how to take better pictures."
1:00pm-1:45pm	Craft Corner "Napkin Folding" with your Cruise Director's Staff Celebrity Disco, Deck 13, Fwd
1:00pm-1:45pm	Shuffleboard Tournament with your Cruise Director's Staff Promenade Deck, Deck 7, Stbd
T.O. Pres. T. (2 Pres.	Ondine Louinament with your Orase Director's Stay 110menade Deck, Deck 1, Stat

2:00pm	WELCOME TO PRINCE RUPERT	$\sigma = - \omega_0 (a) \sigma a b b b b b b b b b b b b b b b b b b$
	The Norwegian Spirit docks in Prince Rupert, Canada. We must v	
	before anyone is permitted ashore. Guests on a Shore Excursion for the meeting time and location. All guests must carry their S	
7	WE KINDLY ASK ALL OF OUR GUESTS TO BE ONE	CARD BEFORE 8:30PM. as the
	Norwegian Spirit prepares to set sail for Seattle, Washington.	
2:00pm-2:45pm	Table Tennis Tournament & Social with your Cruise Staff	Table Tennis Tables, Deck 11, Aft
2:00pm-3:00pm	Port & Cruise Consultant David is on the Gangway	Gangway
<u>-</u>	Any last minute questions on Prince Rupert? Make sure you have	e your Port Guides/Maps with you.
2:00pm-4:00pm	Informal Bridge Play – with your fellow guests	Card Room, Deck 12, Fwd
5:00pm & 7:30pm	AT THE MOVIES "Finding Neverland" Starring: Johnny Depp (1 Hour, 42 Minutes) Friends of Bill W. Meeting (Hallway next to Picture)	Picture House, Deck 8, Fwd
& 10:00pm	"Finding Neverland" Starring: Johnny Depp (1 Hour, 42 Minutes)	
5:00pm-6:00pm	Friends of Bill W. Meeting (Hallway next to Pictu	re House) Board Room, Deck 8, Fwd
5:00pm-8:00pm	ALL FLAVORED MARTINIS served in 10 oz glass for only \$	66.50 All Open Bars
5:30pm-6:00pm 🚚	SPECIALTY RESTAURANT EARLY BIRD OFFER Le Bi	•
	Take advantage of our 2 for 1 Special on the Cover Charge on	ly (not including A La Carte Priced
	Items) in Le Bistro, Shogun & Maxim's Restaurants.	
EVENING AC	TIVITIES	
MUSICAL ENTER	TAINMENT	
	thers & Lira followed by Ariel Favorites & Standards	Champagne Charlie's, Deck 8, Mid
T	7:30pm-8:15pm & 8:30pm-9:15pm (Love Brothers & Lira), 9:30pm-	• •
	by Harmony & Rhythm Great Dance Music	Galaxy of the Stars, Deck 12, Fwd
9:15pm-10:15pm (Rick)	3 Vince), 10:30pm-11:30pm & 11:45pm-1:00am (Harmony & Rhyt	hm)
Steve Maue	Guitar Melodies	Henry's Pub, Deck 7, Fwd
7:45pm-8:30pm & 9:30	om-Close (Steve Maue)	
DJ Matt	Great Dance Music	Celebrity Disco, Deck 13, Fwd
Midnight-Close	*Guests must be 18 years of age or older to be in Celebrity's Disco	after, 11:00pm.
ENTERTAINMEN	T	
7:00pm-7:30pm	PUB TRIVIA MADNESS with your Cruise Director's Staff	Henry's Pub, Deck 7, Fwd
8:30PM	ALL GUESTS ONBOARD - The Norwegian Spirit sets	s sail for beautiful Seattle, Washington!
8:45pm-9:30pm	THE LIAR'S CLUB (PG 13)	Galaxy of the Stars, Deck 12, Fwd
	It's time to warm up your funny bones with our Celebrity Panel	
	Assistant Cruise Director Chris, your Host Jamie & your Art D	
	evening's show is your Hostess Nicoleta who will help you sort thr	ough the lies & the rare truth!
9:00pm-9:30pm	KRACK-ITS ARE AVAILABLE	Moulin Rouge, Deck 7, Aft
	Win a Cruise for Two or \$1,000 Instantly!	
9:00pm-11:00pm	TEEN DISCO (13-17 YRS OLD) with DJ Matt	Celebrity Disco, Deck 13, Fwd
9:30pm	DAVE HEENAN & STANDING ROOM ON	•
(One Show Only)	Norwegian Cruise Line proudly presents Dave Heenan on the Ma	in Stage with a brand new Comedy
	Show. Also stick around for "Standing Room Only", starring to tribute to the Great White Way featuring some of the most me	the NCL Production Company for a
	"Carousel", "West Side Story" and "A Chorus Line". Hosted by you	t Cruise Director Mike!
0.30nm (Annex)		
9:30pm (Approx)	"SPIN TO WIN" FREE PULL SLOT MACHINE	Maharajah's Casino, Deck 7, Fwd
9:30pm-10:30pm	CACINIO CERVICES DESIGNATION OF THE CACINIO CERVICES DESIGNATION OF THE PROPERTY OF THE PROPER	
10:00pm-11:00pm	CASINO SERVICES DESK Tournaments sign ups & Triple Play Chips on sale!	Maharajah's Casino, Deck 7, Fwd
10:30pm	KLONDIKE PARTY	Galaxy of the Stars, Deck 12, Fwd
	 Groove to the rhythms of the Harmony & Rhythm Band; Join you Scoot'n Boogie! Learn some fun line dances and kick up your hee 	ir Cruise Director Staff for some Boot
11.00 \ \(\delta \) = 1.4		
11:00pm-Midnight	LATIN NIGHT DANCE PARTY Come & enjoy with your Cruise Director's Staff and your DJ Matt!	Celebrity Disco, Deck 13, Fwd
	All Well Brand Liquor & Basic Cocktails - only \$3.75	Celebrity Disco, Deck 13, Fwd
11.00mm 1.00mm		
11:00pm-1:00am		
11:00pm-1:00am Midnight-Arrival	ALL NIGHT SLOTS ARE OPEN	Maharajah's Casino, Deck 7, Fwd
	ALL NIGHT SLOTS ARE OPEN Receive double points from Midnight to 8:45am.	Maharajah's Casino, Deck 7, Fwd

FREESTYLE SUGGESTED WINES & BEVERAGE PROMOTIONS

White: Danzante, Pinto Grigio, Tuscany, Italy

Fazi-Battaglia, Verdicchio, Marche, Italy

Colli, Chianti, Tuscany, Italy Red: Bertani, Valpolicella, Vento, Italy Bottle - \$24.00 Glass - \$5.25

Bottle - \$26.00 Glass - \$5.75

Bottle - \$22.00 Glass - \$4.95 Bottle - \$24.00 Glass - \$5.25

Deck 7, Mid

Dial 7333

Drink of the Day: "Rum Runner" \$5.95 served in a Souvenir Glass for you to keep

Fruit Smoothie: "Papaya"

With Alcohol only \$6.95 Non-Alcoholic only \$5.50

Coffee of the Day: "Café de Paris" For Only \$4.50

Latitudes Members! Enjoy a 20% discount on selected drinks (5:00pm-11:00pm) - Galaxy of the Stars, Deck 12, Fwd As per NCL Policy: ALL Alcoholic Beverages purchased ashore will be secured onboard and will be re-issued on the last morning of the cruise from 7:00am through 9:00am in the Brig Room, Deck 8, Forward, Starboard Side,

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24-Hour Service

Early Riser &	Freestyle Breakfast:	
6:00am-7:00am	Early Risers	Blue Lagoon, Deck 7, Fwd
7:00am-11:30am	Breakfast Buffet	Raffles Čafé, Deck 12, Mid
7:30am-9:30am	Continuous Breakfast	Windows Restaurant, Deck 6, Aft
7:00am-11:00am	Morning Coffee & Danish	Maharajah's Casino, Deck 7, Fwd

Freestyle Lunch & Afternoon Snacks:

Blue Lagoon

Room Service

Raffles Café, Deck 12, Mid 11:30am-3:00pm Lunch Buffet Tivoli Pool, Deck 12, Mid 11:30am-2:00pm Lunch Barbeque *(Weather Permitting)

Windows Restaurant, Deck 6, Aft Luncheon 11:30am-1:30pm Afternoon Spaces Raffles Café, Deck 12, Mid 3:00pm-5:00pm

Freestyle Dinner, Evening & Late Night Snacks:

Raffles Café, Deck 12, Mid Mexican Buffet 5:30pm-9:30pm Garden Room, Deck 6, Mid Italian Dinner 🐁 6:30pm-Midnight* *(Last orders by 10,00pm) Windows Restaurant, Deck 6, Aft 5:30pm-Midnight* Italian Dinner

*(Last orders by 10:00pm) Raffles Café, Deck 12, Mid 10:30pm-11:30pm Late Night Snacks Maharajah's Casino, Deck 7, Fwd Casino Late Night Spacks 11:00pm-1:00am

SPECIALTY RESTAURANTS

Enjoy an intimate Dining Experience in one of our Main or Specialty Restaurants. For reservations please Dial #7555, #7556, #7557 or visit our Reservations Desk in the Grand Centrum, Deck 7, Midship between 8:00am-100pm

Alternative Dining:

5:30pm-Midnight* Shogun	Sushi, Teppanyaki #7896	Deck 8, Mid
*(Last orders by 10:00pm)	& Asian Cuisine	
5:30pm-Midnight* Taipan Bistro		77743 17972 2009 100 . 781546 = -
5:30pm-Midnight* Maxim's	Steak House #7761	
5:30pm-Midnight* La Trattoria	Italian Cuisine #7844	Deck 12, Aft
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A Cover Charge of \$12.50 per person applies in Shogun. A Cover Charge of \$15.00 per person applies in Taipan Bistro.

A Cover Charge of \$20.00 per person applies in Maxim's. A Fee of \$5.00 per person will be charged for reservations cancelled after 5:00pm in the Specialty Restaurants on the day of the reservation

Note: There is a risk associated with consuming Raw Oysters or animal proteins especially if you have a chronic illness or immune disorder. If we were of a risk, consult a physician.

### **GUEST SERVICES**

8:00am-8:00pm	Buccaneer's Wet & Wild (Parental S	
24-Hour Service	Internet Café	Deck 12, Fwd
9:00am-Noon	Internet Manager Is Available Dial	78 <b>21</b> Deck 12, Fwd
7:00pm-10:00pm	Internet Manager Is Available Dial	782 <b>1</b> Deck 12, Fwd
9:00am-11:00am	Library	Deck 12, Fwd
4:00pm-6:00pm	Library	Deck 12, Fwd
9:00am-Arrival	Maharajah's Casino Opens	Deck 7, Fwd
9:30pm Approx.	Maharajah's Casino Re-Opens	Deck 7, Fwd
8:00am-11:00pm	Mandara's Roman Spa Dial 7840	Deck 12, Fwd
8:30am-10:00am	Medical Center	Deck 4, Fwd
4:00pm-5:00pm	Medical Center	Deck 4, Fwd
9:00am-Noon	Onboard Credit Desk Dial 7043	Grand Centrum, Deck 7, Mid
5:00pm-8:00pm	Onboard Credit Desk Dial 7043	Grand Centrum, Deck 7, Mid
9:00am-Arrival	Photo Gallery	Deck 8, Fwd
9:00pm-11:00pm	Photo Gallery	Deck 8, Fwd
Open 24 hours	Reception Desk Dial 00	Deck 7, Mid
24 Hours	Shore Excursion Auto Machines	Grand Centrum, Deck 7, Mid
10:00am-Noon	Shore Excursion Desk	Deck 8, Fwd
Open 24 hours	Starlight Video Arcade	Deck 10, Aft
9:00am-Arrival	Tax & Duty Free Shops	Deck 8, Mid
9:30pm-11:00pm	Tax & Duty Free Shops	Deck 8, Mid
8:00am-10:00pm	Tivoli Pool	Deck 12, Mid
8:00am-11:00pm	Hot Tubs	Decks 10 & 12
Open 24 hours	Universal Gym	Deck 12, Fwd
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AS A COURTESY TO YOUR FELLOW GUESTS, WE ASK THAT YOU DO NOT RESERVE CHAIRS OUT ON DECK OR IN PUBLIC AREAS, THANK YOU

## **BAR OPENING HOURS**

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7:00am-Close	Raffles Terrace	Deck 12, Mid			
7:00am-Close	The Café	Deck 7, Mid			
9:00am-Close	Bier Garten	Deck 13, Fwd			
9:00am-Close	Galaxy of the Stars	Deck 12, Fwd			
9:00am-Close	Cigar Bar	Deck 12, Fwd			
10:00am-Close	The Bund	Deck 7, Fwd			
9:00am-Close	Casino	Deck 7, Fwd			
9:00am-Close	Champagne Charlie's	Deck 8, Mid			
9:00am-Close	Henry's Pub	Deck 7, Mid			
9:00pm-Close	Celebrity Disco	Deck 13, Fwd			
Krack-its are available in all open Bars					

Emergencies: Dial 911

Advisory: Service and consumption of Alcoholic Beverages requires the minimum age of 21.

Poolside Service: Services and events are weather permitting. Diapers: are not permitted in any of the pools or hot tubs.

Evening Attire: Semi Formal No Torn Jeans, Shorts, T-Shirts, Singlets or Athletic Wear is permitted in the Main and Specialty Restaurants after 5:30pm.

Jacuzzis & Pools: Glasses & bottles are not permitted inside Reception Desk: Motion Sickness, Tablets, Faxes & Band-Aids are available.

Safety: The use of open flame items or any type of heating elements such as: Candles, Incense & Irons are strictly prohibited.

Walking & Jogging: Deck 13 is a walking/jogging track open 24 hours. Deck 7 is a walking track only & jogging is at your own risk. Decks are slippery when wet. Around Deck 13, 5½ laps = 1 Mile. Around Deck 7, 3 laps =1 Mile. All Sports Play is done at your own risk.

Sharps Containers: If you need to dispose of any kind of needles, please pick up a sharps container at the Reception Desk, Deck 7, Mid or the Medical Center, Deck 4, Fwd.

Smoking Policy: Please do not walk through the ship with lit Cigarettes. Smoking is only permitted in the designated smoking areas and Portside of the ship on open decks. All Restaurants and the Moulin Rouge are non-smoking venues. Pipe & Cigar Smoking is not permitted indoors except in The Cigar Room, Deck 12, Forward.

Tobacco: You must be 18 years or older to purchase Cigarettes and other Tobacco products.

Corkage: A \$15.00 corkage fee per liter applies to all wines not purchased from NCL

Casino: Guests must be 18 years or older to gamble or remain in the Casino. No winnings or payment due will be honored for any person or bet in violation of this rule. All guest credit transaction at the cashier window must be accompanied by a minimum of one valid picture I.D.

ATM, Quick Cash, Onboard Credit facility available in the Casino.

Wake Up Calls: Phone *70. There isn't a voice prompt, just a dial tone. Dial the time you wish to be called by using a 24 hr clock. Hang up. Dial #70 to cancel.

Telephone Voice Mail: Dial *77; follow the prompt for the stateroom number, then leave your voicemail message. When finished press 3 to save. Dial *75 to retrieve messages when the message light is flashing.

Vacuum Toilets: Our system is designed for water conservation and protection of the environment. Do not flush fabrics, metallic items, sanitary napkins or plastic, as this will cause blockage with direct results to your toilet and up to 50 other toilets on the same vacuum line!

Dumping Policy: NCL is committed to operate in an environmentally friendly manner. Please use trash receptacles and never throw anything overboard.

Environmental Hotline: To report incidents or environmental problems, contact the Reception Desk by dialing 00 or phone our hotline at 1-877-501-5976 or email semshotline@ncl.com

> NORWEGIAN CRUISE LINE FREESTYLE CRUISING