Freestyle DAILY

NORWEGIAN CRUISE LINE

7-Day Alaska Cruise Tuesday, June 7th, 2005 Juneau/Sawyer Glacier, Alaska

7:00AM WELCOME TO JUNEAU, ALASKA

The Norwegian Spirit docks in Juneau, Alaska. We must wait for clearance from local officials before anyone is permitted ashore. Guests on a Shore Excursion, please refer to your Tour Ticket for the meeting time and location. All guests must carry their Spirit Guest Key Card & a Photo I.D. WE KINDLY ASK ALL OF OUR GUESTS TO BE ONBOARD BEFORE 1:30PM, as the Norwegian Spirit prepares to set sail for Skagway, Alaska. No food is allowed off the ship or brought back onboard.

2:30PM APPROX.

Join us for another set of qualifying rounds in our Slot & Blackjack Tournaments starting today at 3:00pm. \$15 to enter (\$10 for Casino at Sea Members) with multiple entries permitted. Win \$500 cash at our final session. Double down or split? For only \$5 our Win Card Pack will help you decide what to do on 3 of the most popular tables. Have you heard about our Triple Play Chip Promotion? Buyin for \$10 and receive \$15 in table chips! NCL proudly introduces 3/4/5 X ODDS on dice. Bring your "Spin to Win" entry ticket tonight and try your luck for a FREE 7-day cruise for two!

Maharajah's Casino, Deck 7, Forward

3:00PM SKAGWAY & PRINCE RUPERT PORT & SHOPPING TALK All the information you will need to make the most of your days in these two beautiful ports of call. What to expect, how to get around, where & to get the best deals! Great shopping tips to save you time & money! Picture House, Deck 8, Fwd

3:30PM (CARD SALES) TANZANITE RING GIVEAWAY BINGO
Join your Cruise Director's Staff for another session of Giant Jackpot Bingo. Not
only great Cash Prizes, but also gifts donated from your Art Director, Shore Excursion
Department & a Tanzanite Ring courtesy of your Port & Cruise Consultant David.
Don't miss out on this chance to collect more raffle tickets for our "Free Caribbean
Cruise for Two" draw!

Galaxy of the Stars, Deck 12, Forward

3:30PM-7:30PM

Northern Light Topaz on sale 50% OFF; The Shops come to you: T-Shirts: 1 for \$12.99 or 2 for \$20.00; a great variety of merchandise: hats, gloves, Alaska books, cameras, jackets; binoculars. See you there!

Deck 7, Midship, Stbd

4:00PM APPROX. 6:00PM APPROX. 7:00PM APPROX. 9:00PM APPROX. ENTRANCE TO TRACY ARM ARRIVAL TO SAWYER GLACIER DEPART SAWYER GLACIER DEPARTURE OF TRACY ARM

Enjoy the natural beauty of Sawyer Glacier! All times are approximate & subject to change. Try our fresh brewed Coffee with your choice of liqueur served in our 20 oz NCL Coffee Mugs for only \$6.95; Thermo Mugs or \$5.95 without alcohol.

7:30PM & 9:30PM DAVE HEENAN & "GREASED LIGHTNING"

Norwegian Cruise Line proudly presents Dave Heenan on the Main Stage with a brand new Comedy Show. Also stick around for "Greased Lightning" featuring the NCL Production Company. Grab your poodle skirt & spin a few stacks of wax as we take you back to the 1950's. Enjoy some of your favorite Rock & Roll tunes. Meet & greet the Cast right after the show. Flash photography, audio/video recording are prohibited. We respectfully request that guests do not reserve seats. Hosted by your Cruise Director Mike!

Moulin Rouge, Decks 7 & 8, Aft

8:45PM-9:30PM NEWLYWED/NOT SO NEWLYWED GAME SHOW
Whether you have been married for 1 year, 50 years or what may seem like 100
years, join your Cruise Director Mike Witte to see how well you really know your
mate!

Galaxy of the Stars, Deck 12, Forward

10:30PM-11:30PM

Meet your Cruise Director's Staff & Harmony & Rhythm for our oldies-but-goodies Sock Hop Dance Party featuring the twist & other classics! Slick back those ducktails and put on your saddle shoes. Don't miss a special command performance by the King of Rock 'n' Roll!

Galaxy of the Stars, Deck 12, Forward

Sunrise 3:59am Sunset 9:48pm Weather Forecast: Chance of Showers (As per Yahoo Weather)

High 56F-13C Low 46F-7C Suggested Attire: Resort Casual/50's/60's

WELCOME TO JUNEAU
Located in southeast Alaska's Inside
Passage, Juneau provides visitors with
endless recreational opportunities. Here at
the foot of Mount Roberts and Mount
Juneau lies the door to the spectacular

scenery that is Alaska.

The region offers world-class kayaking, dog sledding, rafting, hiking and mountain bike. An abundance of waterways makes this area prefect for water sports. Mendenhall River offers rafting, or kayaking on Mendenhall Lake at the foot of Mendenhall Glacier. The tramway takes visitors from downtown to the top of Mount Roberts to enjoy breathtaking vistas and numerous trails. A favorite trek in the area is Perseverance Trail. It takes you through the Silverbow Basin and along Gold Creek. And Mendenhall Glacier, only 13miles from downtown, has 12 miles of trails of its own, just beckoning to be explored. Glaciers are one of the region's main attractions. Glacier Bay National Park is easily within reach. The park's more than three million acres give visitors an experience not soon to be forgotten. Travel from rain forest to glaciers. There are many ways to see this vast region of Alaska. Our shore excursions will allow you to set off via land, air, and/or sea in your quest to explore this region. One magnificent way to view the beauty of Alaska is from the air. Choose a helicopter flight, "Glacier Explorer: Pilots Choice" where you will land and walk on the wonderful glacier, or take a floatplane for a trip over the Juneau Ice Field. The ice field is a 1,500-square mile, starkly beautiful place where no animals live, ice rarely melts and each snowfall adds to the mass that feeds the regions massive glaciers. Another exciting option is glacier trekking, "Glacier Helicopter Super Trek" over the deep blue crevasses and hanging icefalls.

So many options for Juneau: ensure you book your excursions! For more information on Shore Excursions, check the Shore Excursion Desk located on Deck 8, Fwd, Stbd.

BECAUSE WE CARE, NCL URGES YOU TO SANITIZE YOUR HANDS WHEN RETURNING TO THE VESSEL.

ecial Notice:	We request that all passengers who are continuing with us until June 18th, to please register with
4 • -	the Reception Desk no later than Wednesday at 6:00 pm.
4 Hours	The Navigational Bridge Window is open for viewing Galaxy of the Stars, Deck 12, Fwd
mportant Notice:	The Norwegian Spirit will periodically lose satellite connection during the cruise. This will affect your use of the Internet Cafe as well as the broadcast of some stations on your cabin television. This is due to the
	ships position in port and near the glacier. We thank you for your understanding. CIGAR PROMOTION Cigar Bar, Deck 12, Fwd
All Day	CIGAR PROMOTION Cigar Bar, Deck 12, Fwd With every cigar purchased from the Cigar Bar, receive a 20% discount on VS & VSOP Cognacs.
':00am	WELCOME TO JUNEAU, ALASKA
	The Norwegian Spirit docks in Juneau, Alaska. We must wait for clearance from local officials before anyone is
	permitted ashore. Guests on a Shore Excursion, please refer to your Tour Ticket for the meeting time and
	location. All guests must carry their Spirit Guest Key Card & a Photo I.D. WE KINDLY ASK ALL OF OUR
	GUESTS TO BE ONBOARD BEFORE 1:30PM, as the Norwegian Spirit sets sail for Skagway, Alaska.
7:00am-8:00am	Port & Cruise Consultant David is on the Gangway Any last minute questions on Juneau? Make sure you have your Port Guides/Maps and VIP Shopping Cards.
7:30am-7:45am	Freestyle Power Walk with your Fitness Instructor Meet: Grand Centrum, Deck 7, Mid, Portside
8:00am-5:00pm	SPECIALTY RESTAURANT RESERVATIONS Grand Centrum, Deck 7, Midship
nooam-2.00pm	For reservations please dial #7555, #7556, #7557 or visit our Reservations Desk. A Fee of \$5.00 per person
····	will be charged for reservations cancelled after 5:00pm in the Specialty Restaurants.
3:00am-5:00pm	MAKE RESERVATIONS FOR OUR SINGLES DINNER Grand Centrum, Deck 7, Mid
	The Singles Dinner will take place this evening at 9:00pm in the Windows Restaurant, Deck 6, Aft.
8:00am-11:00pm	MANDARA'S ROMAN SPA & SALON ARE OPEN Spa, Deck 12, Fwd GIRLS NIGHT OUT – Designed for ladies; "A Little Bit of Heaven" only for \$149!
9:00am-Noon	FIRST WAVE - Bloody Mary's and Screwdrivers for only \$4.50 served in a 140z mug All Open Bars
10:00am-10:45am	MORNING TRIVIA with your Cruise Director's Staff Celebrity Disco, Deck 13, Fwd
11:00am-11:45am	Shuffleboard Tournament with your Cruise Director's Staff Promenade Deck, Deck 7, Stbd
AFTERNOON A	
Noon	AT THE MOVIES Picture House Deck 8 Fwd
NOOM	"National Treasure" Starring Nicolas Cage (2 Hours, 4 Minutes)
1:00pm-1:45pm	Table Tennis Tournament & Social with your Cruise Director's Staff Table Tennis Tables, Deck 11, Aft
1:30PM	ALL GUESTS ONBOARD - The Norwegian Spirit sets sail for beautiful Skagway, Alaska!
1:30pm-2:30pm	SAILAWAY MUSIC (Weather Permitting) Tivoli Pool, Deck 12, Mid
2.00 4.00	Dance to the music of Harmony & Rhythm as we set sail for Sawyer Glacier. Drink Special: Mai Tai \$6.95.
2:00pm-4:00pm	Informal Bridge Play – with your fellow guests Card Room, Deck 12, Fwd
and the second s	E DLICTO CALLEDVIC ODENI
2:00pm-11:00pm	PHOTO GALLERY IS OPEN Deck 8, Fwd Today: buy any 5y7 photo & receive a 5y7 leather folio for only \$10. Free Naturation Strict photo included
	Today; buy any 5x7 photo & receive a 5x7 leather folio for only \$10. Free Norwegian Spirit photo included.
2:15pm-2:45pm	Today; buy any 5x7 photo & receive a 5x7 leather folio for only \$10. Free Norwegian Spirit photo included. FREESTYLE BODY TONING CLASS with your Fitness Instructor Moulin Rouge, Deck 7, Aft
2:15pm-2:45pm 2:15pm-3:00pm	Today; buy any 5x7 photo & receive a 5x7 leather folio for only \$10. Free Norwegian Spirit photo included. FREESTYLE BODY TONING CLASS with your Fitness Instructor Moulin Rouge, Deck 7, Aft AFTERNOON TRIVIA with your Cruise Director's Staff Celebrity Disco, Deck 13, Fwd
2:15pm-2:45pm 2:15pm-3:00pm 2:30pm Approx.	Today; buy any 5x7 photo & receive a 5x7 leather folio for only \$10. Free Norwegian Spirit photo included. FREESTYLE BODY TONING CLASS with your Fitness Instructor AFTERNOON TRIVIA with your Cruise Director's Staff Celebrity Disco, Deck 13, Fwd MAHARAJAH'S CASINO IS OPEN Maharajah's Casino, Deck 7, Fwd
2:15pm-2:45pm 2:15pm-3:00pm 2:30pm Approx. 2:45pm-3:15pm	Today; buy any 5x7 photo & receive a 5x7 leather folio for only \$10. Free Norwegian Spirit photo included. FREESTYLE BODY TONING CLASS with your Fitness Instructor AFTERNOON TRIVIA with your Cruise Director's Staff Moulin Rouge, Deck 7, Aft Celebrity Disco, Deck 13, Fwd MAHARAJAH'S CASINO IS OPEN Maharajah's Casino, Deck 7, Fwd FREESTYLE STRETCH CLASS with your Fitness Instructor Moulin Rouge, Deck 7, Aft
2:15pm-2:45pm 2:15pm-3:00pm 2:30pm Approx. 2:45pm-3:15pm 3:00pm-3:30pm	Today; buy any 5x7 photo & receive a 5x7 leather folio for only \$10. Free Norwegian Spirit photo included. FREESTYLE BODY TONING CLASS with your Fitness Instructor AFTERNOON TRIVIA with your Cruise Director's Staff Moulin Rouge, Deck 7, Aft Celebrity Disco, Deck 13, Fwd MAHARAJAH'S CASINO IS OPEN Maharajah's Casino, Deck 7, Fwd FREESTYLE STRETCH CLASS with your Fitness Instructor Moulin Rouge, Deck 7, Aft SKAGWAY & PRINCE RUPERT Port & Shopping Talk with David Picture House, Deck 8, Fwd
2:15pm-2:45pm 2:15pm-3:00pm 2:30pm Approx. 2:45pm-3:15pm 3:00pm-3:30pm 3:00pm-3:45pm	Today; buy any 5x7 photo & receive a 5x7 leather folio for only \$10. Free Norwegian Spirit photo included. FREESTYLE BODY TONING CLASS with your Fitness Instructor AFTERNOON TRIVIA with your Cruise Director's Staff Moulin Rouge, Deck 7, Aft Celebrity Disco, Deck 13, Fwd Maharajah's Casino, Deck 7, Fwd FREESTYLE STRETCH CLASS with your Fitness Instructor SKAGWAY & PRINCE RUPERT Port & Shopping Talk with David Basketball "3 on 3" Contest with your Cruise Director's Staff Basketball Court, deck 13, Aft
2:15pm-2:45pm 2:15pm-3:00pm 2:30pm Approx. 2:45pm-3:15pm 3:00pm-3:30pm 3:00pm-3:45pm 3:00pm-4:00pm	Today; buy any 5x7 photo & receive a 5x7 leather folio for only \$10. Free Norwegian Spirit photo included. FREESTYLE BODY TONING CLASS with your Fitness Instructor AFTERNOON TRIVIA with your Cruise Director's Staff Moulin Rouge, Deck 7, Aft Celebrity Disco, Deck 13, Fwd Maharajah's Casino, Deck 7, Fwd FREESTYLE STRETCH CLASS with your Fitness Instructor SKAGWAY & PRINCE RUPERT Port & Shopping Talk with David Basketball "3 on 3" Contest with your Cruise Director's Staff VICTORY AT SEA SLOT TOURNAMENT Moulin Rouge, Deck 7, Aft Picture House, Deck 8, Fwd Basketball Court, deck 13, Aft Maharajah's Casino, Deck 7, Fwd
2:15pm-2:45pm 2:15pm-3:00pm 2:30pm Approx. 2:45pm-3:15pm 3:00pm-3:30pm 3:00pm-3:45pm	Today; buy any 5x7 photo & receive a 5x7 leather folio for only \$10. Free Norwegian Spirit photo included. FREESTYLE BODY TONING CLASS with your Fitness Instructor AFTERNOON TRIVIA with your Cruise Director's Staff Moulin Rouge, Deck 7, Aft Celebrity Disco, Deck 13, Fwd Maharajah's Casino, Deck 7, Fwd FREESTYLE STRETCH CLASS with your Fitness Instructor SKAGWAY & PRINCE RUPERT Port & Shopping Talk with David Basketball "3 on 3" Contest with your Cruise Director's Staff VICTORY AT SEA SLOT TOURNAMENT Moulin Rouge, Deck 7, Aft Picture House, Deck 8, Fwd Basketball Court, deck 13, Aft Maharajah's Casino, Deck 7, Fwd
2:15pm-2:45pm 2:15pm-3:00pm 2:30pm Approx. 2:45pm-3:15pm 3:00pm-3:30pm 3:00pm-3:45pm 3:00pm-4:00pm	Today; buy any 5x7 photo & receive a 5x7 leather folio for only \$10. Free Norwegian Spirit photo included. FREESTYLE BODY TONING CLASS with your Fitness Instructor AFTERNOON TRIVIA with your Cruise Director's Staff Maharajah's Casino, Deck 7, Fwd Maharajah's Casino, Deck 7, Fwd FREESTYLE STRETCH CLASS with your Fitness Instructor SKAGWAY & PRINCE RUPERT Port & Shopping Talk with David Basketball "3 on 3" Contest with your Cruise Director's Staff VICTORY AT SEA SLOT TOURNAMENT PORTS O' CALL TAX & DUTY FREE STORE Inch of Silver - from only \$1 an inch. Make your own necklace, bracelet, anklet to the size you wish! COLOMBIAN EMERALDS INTERNATIONAL Grand Centrum, Deck 8, Mid
2:15pm-2:45pm 2:15pm-3:00pm 2:30pm Approx. 2:45pm-3:15pm 3:00pm-3:30pm 3:00pm-3:45pm 3:00pm-4:00pm 3:00pm-11:00pm	Today; buy any 5x7 photo & receive a 5x7 leather folio for only \$10. Free Norwegian Spirit photo included. FREESTYLE BODY TONING CLASS with your Fitness Instructor AFTERNOON TRIVIA with your Cruise Director's Staff Maharajah's Casino, Deck 7, Fwd Maharajah's Casino, Deck 7, Fwd FREESTYLE STRETCH CLASS with your Fitness Instructor SKAGWAY & PRINCE RUPERT Port & Shopping Talk with David Basketball "3 on 3" Contest with your Cruise Director's Staff VICTORY AT SEA SLOT TOURNAMENT PORTS O' CALL TAX & DUTY FREE STORE Inch of Silver - from only \$1 an inch. Make your own necklace, bracelet, anklet to the size you wish! COLOMBIAN EMERALDS INTERNATIONAL Capture colors of the Caribbean with colored Sapphires, in your choice of 14k white or yellow Gold.
2:15pm-2:45pm 2:15pm-3:00pm 2:30pm Approx. 2:45pm-3:15pm 3:00pm-3:30pm 3:00pm-3:45pm 3:00pm-4:00pm 3:00pm-11:00pm	Today; buy any 5x7 photo & receive a 5x7 leather folio for only \$10. Free Norwegian Spirit photo included. FREESTYLE BODY TONING CLASS with your Fitness Instructor AFTERNOON TRIVIA with your Cruise Director's Staff Maharajah's Casino, Deck 7, Fwd MAHARAJAH'S CASINO IS OPEN FREESTYLE STRETCH CLASS with your Fitness Instructor SKAGWAY & PRINCE RUPERT Port & Shopping Talk with David Basketball "3 on 3" Contest with your Cruise Director's Staff VICTORY AT SEA SLOT TOURNAMENT PORTS O' CALL TAX & DUTY FREE STORE Inch of Silver - from only \$1 an inch. Make your own necklace, bracelet, anklet to the size you wish! COLOMBIAN EMERALDS INTERNATIONAL Capture colors of the Caribbean with colored Sapphires, in your choice of 14k white or yellow Gold. CRAFT CORNER - "Ribbon Roses" with you Cruise Director's Staff Celebrity Disco, Deck 13, Fwd
2:15pm-2:45pm 2:15pm-3:00pm 2:30pm Approx. 2:45pm-3:15pm 3:00pm-3:30pm 3:00pm-3:45pm 3:00pm-4:00pm 3:00pm-11:00pm	Today; buy any 5x7 photo & receive a 5x7 leather folio for only \$10. Free Norwegian Spirit photo included. FREESTYLE BODY TONING CLASS with your Fitness Instructor AFTERNOON TRIVIA with your Cruise Director's Staff Moulin Rouge, Deck 7, Aft Celebrity Disco, Deck 13, Fwd MAHARAJAH'S CASINO IS OPEN FREESTYLE STRETCH CLASS with your Fitness Instructor SKAGWAY & PRINCE RUPERT Port & Shopping Talk with David Basketball "3 on 3" Contest with your Cruise Director's Staff VICTORY AT SEA SLOT TOURNAMENT PORTS O' CALL TAX & DUTY FREE STORE Inch of Silver - from only \$1 an inch. Make your own necklace, bracelet, anklet to the size you wish! COLOMBIAN EMERALDS INTERNATIONAL Capture colors of the Caribbean with colored Sapphires, in your choice of 14k white or yellow Gold. CRAFT CORNER - "Ribbon Roses" with you Cruise Director's Staff Skin Correction Education Seminar with your Spa Experts Mandara Spa, Deck 12, Fwd
2:15pm-2:45pm 2:15pm-3:00pm 2:30pm Approx. 2:45pm-3:15pm 3:00pm-3:30pm 3:00pm-3:45pm 3:00pm-4:00pm 3:00pm-11:00pm 3:15pm-4:00pm 3:15pm-4:00pm	Today; buy any 5x7 photo & receive a 5x7 leather folio for only \$10. Free Norwegian Spirit photo included. FREESTYLE BODY TONING CLASS with your Fitness Instructor AFTERNOON TRIVIA with your Cruise Director's Staff MAHARAJAH'S CASINO IS OPEN FREESTYLE STRETCH CLASS with your Fitness Instructor SKAGWAY & PRINCE RUPERT Port & Shopping Talk with David Basketball "3 on 3" Contest with your Cruise Director's Staff VICTORY AT SEA SLOT TOURNAMENT PORTS O' CALL TAX & DUTY FREE STORE Inch of Silver - from only \$1 an inch. Make your own necklace, bracelet, anklet to the size you wish! COLOMBIAN EMERALDS INTERNATIONAL Capture colors of the Caribbean with colored Sapphires, in your choice of 14k white or yellow Gold. CRAFT CORNER - "Ribbon Roses" with your Cruise Director's Staff Skin Correction Education Seminar with your Spa Experts Mandara Spa, Deck 12, Fwed TANZANITE RING GIVEAWAY BINGO Galaxy of the Stars, Deck 12, Fwed TANZANITE RING GIVEAWAY BINGO
2:15pm-2:45pm 2:15pm-3:00pm 2:30pm Approx. 2:45pm-3:15pm 3:00pm-3:30pm 3:00pm-3:45pm 3:00pm-11:00pm 3:15pm-4:00pm 3:15pm-3:45pm	Today; buy any 5x7 photo & receive a 5x7 leather folio for only \$10. Free Norwegian Spirit photo included. FREESTYLE BODY TONING CLASS with your Fitness Instructor AFTERNOON TRIVIA with your Cruise Director's Staff MAHARAJAH'S CASINO IS OPEN FREESTYLE STRETCH CLASS with your Fitness Instructor SKAGWAY & PRINCE RUPERT Port & Shopping Talk with David Basketball "3 on 3" Contest with your Cruise Director's Staff VICTORY AT SEA SLOT TOURNAMENT PORTS O' CALL TAX & DUTY FREE STORE Inch of Silver - from only \$1 an inch. Make your own necklace, bracelet, anklet to the size you wish! COLOMBIAN EMERALDS INTERNATIONAL Capture colors of the Caribbean with colored Sapphires, in your choice of 14k white or yellow Gold. CRAFT CORNER - "Ribbon Roses" with your Spa Experts Mandara Spa, Deck 12, Fwd. Not only great Cash Prizes, but also gifts donated from your Art Director, Shore Excursion Department & Staff Silver Control Department & Staff Shopping Calaxy of the Stars, Deck 12, Fwd. Not only great Cash Prizes, but also gifts donated from your Art Director, Shore Excursion Department & Staff Silver Cash Prizes, but also gifts donated from your Art Director, Shore Excursion Department & Staff Silver Cash Prizes, but also gifts donated from your Art Director, Shore Excursion Department & Staff Silver Cash Prizes, but also gifts donated from your Art Director, Shore Excursion Department & Staff Silver Cash Prizes, but also gifts donated from your Art Director, Shore Excursion Department & Staff Silver Cash Prizes, but also gifts donated from your Art Director, Shore Excursion Department & Staff Silver Cash Prizes, but also gifts donated from your Art Director, Shore Excursion Department & Staff Silver Cash Prizes, but also gifts donated from your Art Director, Shore Excursion Department & Staff Silver Cash Prizes, But also gifts donated from your Art Director, Shore Excursion Department & Staff Silver Cash Prizes Silver Prizes Pri
2:15pm-2:45pm 2:15pm-3:00pm 2:30pm Approx. 2:45pm-3:15pm 3:00pm-3:30pm 3:00pm-3:45pm 3:00pm-4:00pm 3:00pm-11:00pm 3:15pm-4:00pm 3:15pm-3:45pm 3:30pm	Today; buy any 5x7 photo & receive a 5x7 leather folio for only \$10. Free Norwegian Spirit photo included. FREESTYLE BODY TONING CLASS with your Fitness Instructor AFTERNOON TRIVIA with your Cruise Director's Staff Moulin Rouge, Deck 7, Aft Celebrity Disco, Deck 13, Fwd MAHARAJAH'S CASINO IS OPEN Maharajah's Casino, Deck 7, Fwd FREESTYLE STRETCH CLASS with your Fitness Instructor SKAGWAY & PRINCE RUPERT Port & Shopping Talk with David Basketball "3 on 3" Contest with your Cruise Director's Staff VICTORY AT SEA SLOT TOURNAMENT PORTS O' CALL TAX & DUTY FREE STORE Inch of Silver - from only \$1 an inch. Make your own necklace, bracelet, anklet to the size you wish! COLOMBIAN EMERALDS INTERNATIONAL Capture colors of the Caribbean with colored Sapphires, in your choice of 14k white or yellow Gold. CRAFT CORNER - "Ribbon Roses" with your Cruise Director's Staff Skin Correction Education Seminar with your Spa Experts Mandara Spa, Deck 12, Fwd TANZANITE RING GIVEAWAY BINGO Rot only great Cash Prizes, but also gifts donated from your Art Director, Shore Excursion Department & Tanzanite Ring courtesy of your Port & Cruise Consultant David. Collect more raffle tickets.
2:15pm-2:45pm 2:15pm-3:00pm 2:30pm Approx. 2:45pm-3:15pm 3:00pm-3:30pm 3:00pm-3:45pm 3:00pm-4:00pm 3:00pm-11:00pm 3:15pm-4:00pm 3:15pm-3:45pm 3:30pm (Card Sales)	Today; buy any 5x7 photo & receive a 5x7 leather folio for only \$10. Free Norwegian Spirit photo included. FREESTYLE BODY TONING CLASS with your Fitness Instructor AFTERNOON TRIVIA with your Cruise Director's Staff Moulin Rouge, Deck 7, Aft Celebrity Disco, Deck 13, Fwd MAHARAJAH'S CASINO IS OPEN Maharajah's Casino, Deck 7, Fwd FREESTYLE STRETCH CLASS with your Fitness Instructor SKAGWAY & PRINCE RUPERT Port & Shopping Talk with David Basketball "3 on 3" Contest with your Cruise Director's Staff VICTORY AT SEA SLOT TOURNAMENT PORTS O' CALL TAX & DUTY FREE STORE Inch of Silver - from only \$1 an inch. Make your own necklace, bracelet, anklet to the size you wish! COLOMBIAN EMERALDS INTERNATIONAL Capture colors of the Caribbean with colored Sapphires, in your choice of 14k white or yellow Gold. CRAFT CORNER - "Ribbon Roses" with your Cruise Director's Staff Skin Correction Education Seminar with your Spa Experts Mandara Spa, Deck 12, Fwd TANZANITE RING GIVEAWAY BINGO Scalaxy of the Stars, Deck 12, Fwd TANZANITE RING GIVEAWAY BINGO Galaxy of the Stars, Deck 12, Fwd TANZANITE RING GIVEAWAY BINGO Scalaxy of the Stars, Deck 12, Fwd Tanzanite Ring courtesy of your Port & Cruise Consultant David. Collect more raffle tickets. Core Conditioning Pilates with your Fitness Instructor (Sign up Fee \$10) Moulin Rouge, Deck 7, Aft Celebrity Disco, Deck 13, Fwd Galaxy of the Stars, Deck 12, Fwd Tanzanite Ring courtesy of your Port & Cruise Consultant David. Collect more raffle tickets.
2:15pm-2:45pm 2:15pm-3:00pm 2:30pm Approx. 2:45pm-3:15pm 3:00pm-3:30pm 3:00pm-4:00pm 3:00pm-11:00pm 3:15pm-4:00pm 3:15pm-3:45pm 3:30pm (Card Sales)	Today; buy any 5x7 photo & receive a 5x7 leather folio for only \$10. Free Norwegian Spirit photo included. FREESTYLE BODY TONING CLASS with your Fitness Instructor AFTERNOON TRIVIA with your Cruise Director's Staff Maharajah's Casino, Deck 7, Fwd. MAHARAJAH'S CASINO IS OPEN FREESTYLE STRETCH CLASS with your Fitness Instructor SKAGWAY & PRINCE RUPERT Port & Shopping Talk with David Basketball "3 on 3" Contest with your Cruise Director's Staff VICTORY AT SEA SLOT TOURNAMENT PORTS O' CALL TAX & DUTY FREE STORE Inch of Silver - from only \$1 an inch. Make your own necklace, bracelet, anklet to the size you wish! COLOMBIAN EMERALDS INTERNATIONAL Capture colors of the Caribbean with colored Sapphires, in your choice of 14k white or yellow Gold. CRAFT CORNER - "Ribbon Roses" with your Spa Experts Mandara Spa, Deck 12, Fwc. TANZANITE RING GIVEAWAY BINGO Not only great Cash Prizes, but also gifts donated from your Art Director, Shore Excursion Department & a Tanzanite Ring courtesy of your Port & Cruise Consultant David. Collect more raffle tickets.

....

4:00pm Approx.	ENTRANCE TO TRACY ARM	1 1	Captain Lars Bengtsson takes us as
5:00pm Approx.	ARRIVAL TO SAWYER GLACIER	close as possible to see the	e spectacular Sawyer Glacier. Note
7:00pm Approx.	DEPART SAWYER GLACIER	all times are approximate.	(Weather & Ice Flow Permitting).
9:00pm Approx.	DEPARTURE OF TRACY ARM		
1:15pm-4:45pm	Getting Better with Age Seminar with ye	our Fitness Instructor	Celebrity Disco, Deck 13, Fw
:30pm-5:30pm	WAVES OF CASH BLACKJACK T	• • •	Maharajah's Casino, Deck 7, Fw
:30pm-5:15pm	Interdenominational Service with Pastor		Picture House, Deck 8, Fw
1:30pm-5:15pm	HATHA YOGA with your Fitness Instru		Moulin Rouge, Deck 7, Af
1:45pm-5:15pm	Detox your Lymphatic System with Ion		Celebrity Disco, Deck 13, Fw
:00pm-6:00pm	Friends of Bill W. Meeting		ure House) Board Room, Deck 8, Fw
:00pm-8:00pm	ALL FLAVORED MARTINIS served i		
120 (00	SPECIALTY RESTAURANT EARLY		Bistro, Shogun & Maxim's Restaurant
5:30pm-6:00pm	Take advantage of our 2 for 1 Special on the		• •
	in Le Bistro, Shogun & Maxim's Restauran		
EVENING A	TIVITIES		
MUSICAL ENTER			
		es & Standards	Champagne Charlie's, Deck 8, Mi
•	8:30pm-9:15pm (Love Brothers & Lira), 9:30pr		•
	······································	Dance Music	Galaxy of the Stars, Deck 12, Fw
	om-10:15pm (Rick & Vince), 10:30pm-11:30pr		
	**************************************	Melodies	Henry's Pub, Deck 7, Fw
Steve Maue			•
	pm-10:15pm (Beatles Sing-A-Long Hour with St		
OJ Matt		Dance Music	Celebrity Disco, Deck 13, Fw
Midnight-Close	*Guests must be 18 years of age or older to	be in Celebrity's Disco an	er 11:00pm.
ENTERTAINMEN	<u> </u>		
5:00pm-8:00pm	SHORE EXCURSION DESK		Deck 8, Fw
	Skagway has the world famous "White Pas	•	
	the original starting point for trek up to Da	wson City. Book your tou	- · · · · · · · · · · · · · · · · ·
7:00pm-7:30pm &	KRACK-ITS ARE AVAILABLE		Moulin Rouge, Deck 7, A
9:00pm-9:30pm	Win a Cruise for Two or \$1,000 Instantly!		
7:00pm-9:00pm	"SPIN TO WIN" FREE PULL SLO		Maharajah's Casino, Deck 7, Fw
7:15pm-8:00pm	Friends of Dorothy Meet		xy of the Stars, Deck 12, Fwd, Portsic
7:30pm & 9:30pm	DAVE HEENAN & "GREA	SED LIGHTNIN	IG" Moulin Rouge, Decks 7 & 8, A
nfarmet (Norwegian Cruise Line proudly presents Date	ve Heenan on the Main S	tage with a brand new Comedy Shov
	Stick around for "Greased Lightning". Grab		
	to the 1950's. Enjoy some of your favorite R		
7:30pm & 9:30pm	BEATLES-SING-A-LONG HOUR		Henry's Pub, Deck 7, Fw
7:30pm & 10:00pm 🌋	AT THE MOVIES "National Treasure" Starring Nicolas Cage (VIP Shopping Cards - Port & Cru		Picture House, Deck 8, Fw
	"National Treasure" Starring Nicolas Cage (2 Hours, 4 Minutes)	
7:30pm-8:30pm	· · · · · · · · · · · · · · · · · · ·		<u>•</u>
	See David for any questions you might have booking your next cruise vacation right her		TP Shopping Cards & ask Davia abou
8.30nm 0.30nm #3.73	CASINO SERVICES DESK See your Executive Casino Hosts Shannon	ie onodard.	Maharajah's Casino, Deck 7, Fw
8:30pm-9:30pm	See your Executive Casino Hosts Shannon	& Rohani for any inquires.	V
8:45pm-9:15pm	PUB TRIVIA MADNESS	C Tronuiti for ally friquites.	Henry's Pub, Deck 7, Fw
25 % Do 80 00 00	<u> </u>	WED CAME SHOW	
8:45pm-9:30pm	NEWLYWED/NOT SO NEWLY Join your Cruise Director Mike Witte to see	how well you really know	V Galaxy of the Stars, Deck 12, Fw
0-00-m 11-00-m			
9:00pm-11:00pm	TEEN DISCO (13-17 YRS OLD) with	· · · · · · · · · · · · · · · · · · ·	Celebrity Disco, Deck 13, Fw
9:30pm-10:15pm	TRIBUTE TO NAT KING COLE wit		Champagne Charlie's, Deck 8, M
	50'S & 60'S ROCK'N'RO		Galaxy of the Stars, Deck 12, Fw
		-	
10:30pm-11:30pm	Turn back the clock and twist the night		
	Slick back those ducktails and put on your	saddle shoes. Don't miss	
10:30pm-11:30pm	Slick back those ducktails and put on your King of Rock 'N' Roll, ELVIS! Prizes, Fun &	saddle shoes. Don't miss Games; don't miss it!	a special command performance by th
10:30pm-11:30pm	Slick back those ducktails and put on your King of Rock 'N' Roll, ELVIS! Prizes, Fun & LATIN NIGHT DANCE PARTY	saddle shoes. Don't miss Games; don't miss it!	a special command performance by th
10:30pm-11:30pm 11:00pm-Midnight	Slick back those ducktails and put on your King of Rock 'N' Roll, ELVIS! Prizes, Fun & LATIN NIGHT DANCE PARTY Come & enjoy with your Cruise Director's	saddle shoes. Don't miss Games; don't miss it!	a special command performance by the Celebrity Disco, Deck 13, Fw
10:30pm-11:30pm	Slick back those ducktails and put on your King of Rock 'N' Roll, ELVIS! Prizes, Fun & LATIN NIGHT DANCE PARTY	saddle shoes. Don't miss Games; don't miss it! Staff and your DJ Matt!	

FREESTYLE SUGGESTED WINES & BEVERAGE PROMOTIONS

White: Chateau St. Michelle, Johannesberg Riesling, Washington

Louis Jadot, Pouilly-Fuisse, Burgundy France

Bottle - \$24.00 Glass - \$5.25 Bottle - \$32.00 Glass - \$6.75 Drink of the Day: "Mai Tai" \$5.95 served in a Souvenir Glass for you to keep

Red:

Robert Mondavi, Pinot Noir, Napa Valley California M. Chapoutier, Cotes-du-Rhone, Rhone, France

Bottle - \$30.00 Glass - \$6.50 Bottle - \$24.00 Glass - \$5.25

Fruit Smoothie: "Mango" With Alcohol only \$6.95 Non-Alcoholic only \$5.50

Coffee of the Day: "Mexican Coffee" For Only \$4.50

Latitudes Members! Enjoy a 20% discount on selected drinks (5:00pm-11:00pm) - Galaxy of the Stars, Deck 12, Fwd As per NCL Policy: ALL Alcoholic Beverages purchased ashore will be secured onboard and will be re-issued on the last morning of the cruise from 7:00am through 9:00am in the Brig Room, Deck 8, Forward, Starboard Side.

FREESTYLE DINING			
24-Hour Service	Blue Lagoon	Deck 7, Mid	
	Room Service	Dial 7333	
Early Riser &	Freestyle Breakfast:		
6:00am-7:00am	Early Risers	Blue Lagoon, Deck 7, Fwd	
6:00am-11:30am	Breakfast Buffet	Raffles Café, Deck 12, Mid	
6:30am-9:00am	Continuous Breakfast	Windows Restaurant, Deck 6, Aft	
Freestyle Lunch & Afternoon Snacks:			
11:30am-3:00pm	Lunch Buffet	Raffles Café, Deck 12, Mid	
Noon-2:00pm	Luncheon	Windows Restaurant, Deck 6, Aft	
1:30pm-3:00pm	Lunch Barbeque*	Raffles Terrace, Deck 12, Mid	
1:30pm-4:00pm	Bavarian Snacks & Barbeque*	Bier Garten, Deck 13, Fwd	
	*(Whether Permitting)		
3:00pm-5:00pm	Afternoon Snacks	Raffles Café, Deck 12, Mid	
Freestyle Dinr	ner, Evening & Late Nig	ht Snacks:	
5:30pm-9:30pm	Oriental Buffet	Raffles Café, Deck 12, Mid	
5:30pm-Midnight*	Star Spangled	Garden Room, Deck 6, Mid	
	*(Last orders by 10:00pm)		
5:30pm-Midnight*	Star Spangled	Windows Restaurant, Deck 6, Aft	
•.	*(Last orders by 10:00pm)		
10:30pm-11:30pm	Late Night Snacks	Raffles Café, Deck 12, Mid	
11:00pm-1:00am	Casino Late Night Snacks	Maharajah's Casino, Deck 7, Fwd	
SPECIALTY F	RESTAURANTS		

Enjoy an intimate Dining Experience in one of our Main or Specialty Restaurants. For reservations please Dial #7555, #7556, #7557 or visit our Reservations Desk in the Grand Centrum, Deck 7, Midship between 8:00am-5:00pm.

Alternative Dining:	. · ·.		
5:30pm-Midnight* Shogun	Sushi, Teppanyaki	#7896	Deck 8, Mid
*(Last orders by 10:00pm)	& Asian Cuisine		
5:30pm-Midnight* Taipan Bistro	French Mediterranean	<i>#</i> 7894	Deck 7, Mid
5:30pm-Midnight* Maxim's	Stea k House	#7761	Deck 7, Fwd
5:30pm-Midnight* La Trattoria	Italian Cuisine	#7844	Deck 12, Aft

A Cover Charge of \$12.50 per person applies in Shogun. A Cover Charge of \$15.00 per person applies in Taipan Bistro. A Cover Charge of \$20.00 per person applies in Maxim's.

A Fee of \$5.00 per person will be charged for reservations cancelled after 5:00pm in the Specialty Restaurants on the day of the reservation

Note: There is a risk associated with consuming Raw Oysters or animal proteins especially if you have a chronic illness or immune disorder. If unsure of a risk, consult a physician.

CHEST SERVICES

GUESI SERV	1003	
8:00am-8:00pm	Buccaneer's Wet & Wild (Parental	Supervision Only) Deck 10, Aft
24-Hour Service	Internet Café	Deck 12, Fwd
8:00am-10:00am	Internet Manager Is Available Dis	al 78 21 Deck 12, Fwd
5:00pm-8:00pm	Internet Manager Is Available Di	al 7821 Deck 12, Fwd
9:00am-11:00am	Library	Deck 12, Fwd
4:00pm-6:00pm	Library	Deck 12, Fwd
2:30pm Approx.	Maharajah's Casino Is Open	Deck 7, Fwd
8:00am-11:00pm	Mandara's Roman Spa Dial 7840	Deck 12, Fwd
8:30am-10:00am	Medical Center	Deck 4, Fwd
4:00pm-5:00pm	Medical Center	Deck 4, Fwd
7:00am-10:00am	Onboard Credit Desk Dial 7043	Grand Centrum, Deck 7, Mid
2:00pm-5:00pm	Onboard Credit Desk Dial 7043	Grand Centrum, Deck 7, Mid
7:30pm-8:30pm	Port & Cruise Consultant	Reception Desk, Deck 7, Mid
2:00pm-11:00pm	Photo Gallery	Deck 8, Fwd
Open 24 hours	Reception Desk Dial 00	Deck 7, Mid
24 Hours	Shore Excursion Auto Machines	Grand Centrum, Deck 7, Mid
6:00pm-8:00pm	Shore Excursion Desk	Deck 8, Fwd
Open 24 hours	Starlight Video Arcade	Deck 10, Aft
3:00pm-11:00pm	Tax & Duty Free Shops	Deck 8, Mid
8:00am-10:00pm	Tivoli Pool	Deck 12, Mid
8:00am-11:00pm	Hot Tubs	Decks 10 & 12
Open 24 hours	Universal Gym	Deck 12, Fwd

AS A COURTESY TO YOUR FELLOW GUESTS, WE ASK THAT YOU DO NOT RESERVE CHAIRS OUT ON DECK OR IN PUBLIC AREAS, THANK YOU Ships' Registry: Bahamas & Panama ©2004 Norwegian Cruise Line #5403 4/04

BAR OPENING HOURS

7:00am-Close	Raffles Terrace	Deck 12, Mid
7:00am-Close	The Café	Deck 7, Mid
11:00am-Close	Bier Garten	Deck 13, Fwd
1:00pm-Close	Galaxy of the Stars	Deck 12, Fwd
1:00pm-Close	Cigar Bar	Deck 12, Fwd
10:00am-Close	The Bund	Deck 7, Fwd
2:00pm-Close	Casino	Deck 7, Fwd
1:00pm-Close	Champagne Charlie's	Deck 8, Mid
1:00pm-Close	Henry's Pub	Deck 7, Mid
9:00pm-Close	Celebrity Disco	Deck 13, Fwd
•	ailable in all open Bars	

Emergencies: Dial 911

Advisory: Service and consumption of Alcoholic Beverages requires the minimum age of 21.

Poolside Service: Services and events are weather permitting. Diapers: are not permitted in any of the pools or hot tubs.

Evening Attire: Resort Casual/50's & 60's

No Torn Jeans, Shorts, T-Shirts, Singlets or Athletic Wear is permitted in the Main and Specialty Restaurants after 5:30pm.

Jacuzzis & Pools: Glasses & bottles are not permitted inside Reception Desk: Motion Sickness, Tablets, Faxes & Band-Aids are available.

Safety: The use of open flame items or any type of heating elements such as: Candles, Incense & Irons are strictly prohibited.

Walking & Jogging: Deck 13 is a walking/jogging track open 24 hours. Deck 7 is a walking track only & jogging is at your own risk. Decks are slippery when wet. Around Deck 13, 5½ laps = 1 Mile. Around Deck 7, 3 laps =1 Mile. All Sports Play is done at your own risk.

Sharps Containers: If you need to dispose of any kind of needles, please pick up a sharps container at the Reception Desk, Deck 7, Mid or the Medical Center, Deck 4, Fwd.

Smoking Policy: Please do not walk through the ship with lit Cigarettes. Smoking is only permitted in the designated smoking areas and Portside of the ship on open decks. All Restaurants and the Moulin Rouge are non-smoking venues. Pipe & Cigar Smoking is not permitted indoors except in The Cigar Room, Deck 12, Forward.

Tobacco: You must be 18 years or older to purchase Cigarettes

and other Tobacco products.

Corkage: A \$15.00 corkage fee per liter applies to all wines not purchased from NCL

Casino: Guests must be 18 years or older to gamble or remain in the Casino. No winnings or payment due will be honored for any person or bet in violation of this rule. All guest credit transaction at the cashier window must be accompanied by a minimum of one valid picture I.D.

ATM, Quick Cash, Onboard Credit facility available in the

Casino.

Wake Up Calls: Phone *70. There isn't a voice prompt, just a dial tone. Dial the time you wish to be called by using a 24 hr clock. Hang up. Dial #70 to cancel.

Telephone Voice Mail: Dial *77; follow the prompt for the stateroom number, then leave your voicemail message. When finished press 3 to save. Dial *75 to retrieve messages when the message light is flashing.

Vacuum Toilets: Our system is designed for water conservation and protection of the environment. Do not flush fabrics, metallic items, sanitary napkins or plastic, as this will cause blockage with direct results to your toilet and up to 50 other toilets on the same vacuum line!

Dumping Policy: NCL is committed to operate in an environmentally friendly manner. Please use trash receptacles and never throw anything overboard.

To report incidents or Environmental Hotline: environmental problems, contact the Reception Desk by dialing 00 or phone our hotline at 1-877-501-5976 or email semshotline@ncl.com

> NORWEGIAN CRUISE LINE FREESTYLE CRUISING"

1.800.327.7030 • www.ncl.com